



**Mc Conomy, Bradley, Doherty  
Academy**



*Present*



**IRELAND'S**

**NORTH  
WEST  
CHAMPIONSHIPS**

in

The Vale Centre,  
Clooney Road,  
Greysteel,  
Derry  
BT47 3GE

7th & 8th September 2024

***Moltoirí:***

Ann Gibbons, Galway, Ireland  
Aisling Keogh, Dublin, Ireland  
Kate O Connor, California, USA  
Rebecca Loughran, Liverpool, Ireland

***Ceoltor:***

Stephen Devlin, Derry

Syllabus Approved: \_\_\_\_\_

Feis Registrar Cúige Uladh



# IRELAND'S

## NORTH WEST CHAMPIONSHIPS

Dear Teachers, Parents & Dancers,

We would like to welcome you to the 2024 Ireland's Northwest Championships which will be hosted by McConomy Bradley Doherty Academy of Irish Dance on 7th & 8th September 2024 in The Vale Centre, Clooney Road, Greysteel, Derry BT47 3GE.

All Championships from Under 6 to Senior will be adjudicated by a panel of 3 adjudicators. There will be separate boys' championships where there are 5 or more boys. Where there are less than 5 boys, there will be a cup for Top Boy .

Perpetual Cup will be awarded for 1st place.

Tiaras for winners of Girls championships.

Trophies and Sashes will be awarded for the Top 5 in each both Open and Preliminary Championships.

In grade competitions Trophies and Sashes will be awarded to top 3 dancers placed in Light and Heavy Trophy Dances.

There will be Junior and Senior Memorial Cup Competitions (Dancers will perform 16 bars, two at a time): in memory of Greta & Columba McConomy & Sally Brady.

*McCBDA Teachers*

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**Saturday 7th September 2024**  
**Preliminary Champs Incorporated from**  
**U9 Champ to U16 Champ**  
**Age Groups will alternate.**



Time	Championship	Dances
8.30am	9-10 Championship 10-11 Championship	Reel/Slip Jip Jig/Hornpipe Set Dance
10.30am	11-12 Championship 12-13 Championship	Reel/Slip Jip Jig/Hornpipe Set Dance
1pm	7-8 Championship 8-9 Championship  <b>Under 13 Memorial Competition</b>	Reel Jig Traditional Set
2.30pm	13-14 Championship 14-15 Championship	Reel/Slip Jip Jig/Hornpipe Set Dance
4.30pm	15-16 Championship 16-17 Championship	Reel/Slip Jip Jig/Hornpipe Set Dance
5.45pm	17-18 Championship 18-20 Championship Over 20 Championship  <b>Over 13 Memorial Championship</b>	Reel/Slip Jip Jig/Hornpipe Set Dance

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**Ireland's North West  
Championships  
Sunday 8th September 2024**

**Stage A****Stage B****Stage C**


9am	7-8 Bungrad	8-9 Bun Grad	9-10 Bun Grad
10.30am	7-8 Tus Grad	8-9 Tús Grád	9-10 Tus Grad
12pm	7-8 Mean Grad	8-9 Meán Grád	9-10 Mean Grad

1pm	Under 5 Championship Under 6 Championship Under 7 Championship		
2.30pm	★	Under 5 (Ungraded) Stars of the Future	★

3.00pm	Under 6 Bun	6-7 & Over 14 Bun	10-12 & 12-14 Bun
4.00pm	Under 7 Tus	10-12& Over 14 Tus	12-14 Tus
5.30pm		10-11 Mean 13-14 Mean	11-12 Mean Over 14 Mean

**Dances**

Bun Grád	Ríl (Reel), Port (Jig), Port Singil (Single Jig), Port Luscaadh (slip Jig), Light Trophy Dance & Heavy Trophy Dance
Tús Grád	Ríl (Reel), Port Eadtrom(Light Jig), Port Singil (Single Jig), Port Luscaadh (Slip Jig), Port Trom (Heavy Jig). Light Trophy Dance & Heavy Trophy Dance
U7 and 7-8 Mean Grad	Ríl (Reel), Port Eadtrom (LightJig), Port Trom (Heavy Jig) Port Singil, (Single Jig), Port Luascaadh (Slip Jig)Port (Jig) Príomh Comortas (Any 2 dances....Overall Result and 2 Solo Results)
	Ríl (reel), Port Singil (Single Jig), Port Luascaadh (Slip Jig), Port (Jig), Chornphíopa (Hornpipe) Príomh Comortas (Any 2 dances....Overall Result and 2 Solo Results)

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## COMPETITION RULES

1. Age as at 1st January 2024

2. Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.

3. Make-up (including false eyelashes and face-tan) is not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

4. Make-up will not be permitted for any dancer in the first two grades (Bungrád and Tusgrád or equivalent) up to and including the under 12 age group worldwide.

5. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. As a point of clarification, this rule is not limited to just body suits but also to tops/ blouses and skirts/shorts of all colours and is in effect from the 14-15 age group upwards. Appropriate undergarments covering midriff must be worn.

6. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.

7. Bun Grád competitions are confined to competitors who at the time of entry have never won 1st place (or being regraded as per below) in that particular dance in any age group or grade. Basic Steps only are permitted in Bun Grad.

8. Tus Grad confined to dancers who have never won 1st prize (or being graded as per below) for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. Dancers may perform either basic steps or their first hard/difficult version of each dance. Steps in Tus Grad Heavy Jigs and Hornpipe must be similar to those used in St.Patrick's Day and Blackbird.

9. In Bun Grád & Tus Grad competitions, one dancer moves up to next grade if there are less than 20 competitors, two dancers move up to next grade if there between 21 and 40 competitors and three dancers move up to next grade if there are over 40 competitors.

10. Mean Grád competitions are confined to dancers who at the time of entry have never won 1st place for that particular dance in Mean Grad or Ard Grád in that age group or a higher age group.

11. A Preliminary Championship must be adjudicated by 3 or more Adjudicators and must consist of 2 Rounds, 1 Light Round - and 1 Heavy Round - Dancers may compete in an Open or a Preliminary Championship or both.

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## RULES AND ELIGIBILITY

- To be eligible to compete in a Prelim Championship: Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.
- Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 or less in a prelim competition the dancer is still eligible to compete in Preliminary Championship.
- Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year. Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year or previous year.
- Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year however, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they have won the Prelim Championship with).
- Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
- Boys who have qualified for Oireachtas Rince na Cruinne, but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Preliminary Grade.

12. Dancers must perform to the following speeds:

- Bun Grad: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144
- Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130
- Mean/Ard Grad: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113
- Traditional Set Dances: St. Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96, Jockey to the Fair 90

13. All competitors will be required a dance a MINIMUM number of 40 bars, except in Slip Jigs, Hornpipes & Bun Grad Reels where a MINIMUM number of 32 bars will be required.

14. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phones, ipads, standard cameras, video camcorders, cine recorder, commercial film, with or without flash enhancement, is forbidden during competition.

15. Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.

16. No block, en point, stationery or moving will be allowed for all ages up to and including Under 12. However dancers in will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.

17. If you wish your child to be excluded from any photographs that maybe uploaded onto social media websites, please ensure that you inform the feis organiser in advance.

18. The Child Protection Designated Liason Officer for the Ulster Region is Paula Bell. If you have any concerns for any child's safety at the event, please contact her: CPDLOUlster@gmail.com.

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## OTHER RULES

19. Any objections must be lodged in writing within one hour of result, accompanied by fee of €20.00.

20. The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.

21. The feis committee reserves the right to transfer competitions/results to a different stage or to alternate competitions if it becomes necessary in order to help the feis run smoothly. The committee reserves the right to use a relief adjudicator.

22. The feis committee reserve the right to refuse feis entries or entrance into the feis.

## Hotel Information

Waterfoot Hotel  
Caw Roundabout  
Clooney Road  
Derry  
BT48 6TB



028 71345500

**For Feis Rate Please Quote:**  
Ireland's Northwest Championships

### FOR ENQUIRIES, PLEASE CONTACT:

**Rosetta Mc Conomy ADCRG**



07565482716



rosettamcconomy@hotmail.com



www.entrytable.ie

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# Entry Process

IRELAND'S  
NORTH  
WEST  
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Entries will only be accepted from CLRG registered schools

ENTRIES : To be made via ***www.entrytable.ie***

**ENTRIES CLOSE: MONDAY 26TH AUGUST 2024**

## ENTRY FEES:

**Under 5 Championship £15**

**Under 6 & 7 Championship £30**

**Championship & Prelim: £45**

**(overall championship/prelim result, two solo results.**

**Marks pack will be available online)**


## Grades:

**Solo Dance: £5.**

**Trophy Dance: £6**

**Where there are 5 or more boys there will be a separate Boys  
Championship**

- Admission €5 per person
- Entries for Championships and Grade Competitions will take place via the Entrytable link above.
- All entries must be paid at the time of registration via the Entrytable link.
- Numbers will be emailed prior to the event.
- Entry for the feis indicates that dancers entered and their parents/guardians agree to adhere to the feis and venue guidelines.
- Fees are non-refundable except in the case that the event does not go ahead as planned.
- Tabulation: Provided by Sukhy Nijjar.
- Practice Area will be available
- Teas/Coffees, Sandwiches, snacks etc. will be available for purchase

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