

# MID-ULSTER CHAMPIONSHIPS 2024



**SUNDAY 12th MAY 2024**

- ★ Bun, Tús & Mean Grád
- ★ Tiny Tots
- ★ 3 Adjudicator Open Championships for U6-U9
- ★ 3 Adjudicator Prelim Championships for U10+

**GALBALLY COMMUNITY CENTRE**

**36 Lurgylea Road, Galbally, Dungannon, Co. Tyrone, BT70 2NX**

**ADJUDICATORS:**

- ★ Brian Shinnors ADCRG - Co. Limerick
- ★ Nadine Martin ADCRG - Doncaster, England
- ★ Majella McEntegart ADCRG - Ulster

**MUSICIAN:**

- ★ Stephen Devlin, Co. Derry

** Dungannon Championships & Mid-Ulster Championships**

Syllabus approved by Feis Registrar of An Comhairle Uladh Sukhy Nijjar

# ★ Provisional Timetable ★

**SUNDAY 12th MAY 2024**

	<b>STAGE 1</b>	<b>STAGE 2</b>	<b>STAGE 3</b>
<b>9:00am</b>	Under 8 Bun Under 8 Tús RESULTS	Under 9 Bun Under 9 Tús RESULTS	Under 10 Bun Under 10 Tús RESULTS
<b>10:30am</b>	Under 8 Mean RESULTS	Under 9 Mean RESULTS	Under 10 Mean RESULTS
<b>11:30am</b>	<p><b>Open Championships Alternating</b></p> <p>Under 6 Championship - Reel, Single Jig, Light Jig            Under 7 Championship - Reel, Single Jig, Jig            Under 8 Championship - Reel, Jig, Traditional Set            Under 9 Championship - Reel, Jig, Traditional Set</p>		
<b>1:30pm</b>	<p><b>Tiny Tots</b>            Under 5 Ungraded &amp; RESULTS</p>		
<b>2:00pm</b>	Under 6 Bun Under 6 Tús RESULTS	Under 7 Bun Under 7 Tús RESULTS	10-12, 12-14 & O14 Bun 10-12, 12-14 & O14 Tús RESULTS
<b>3:30pm</b>	10-12 Mean RESULTS	12-14 Mean RESULTS	O14 Mean RESULTS
<b>4:30pm</b>	<p><b>Prelim Championships Alternating</b></p> <p>9-11 Prelim Championship - Jig/Hornpipe &amp; Reel/Slip Jig            11-13 Prelim Championship - Jig/Hornpipe &amp; Reel/Slip Jig            13-15 Prelim Championship - Jig/Hornpipe &amp; Reel/Slip Jig            O15 Prelim Championship - Jig/Hornpipe &amp; Reel/Slip Jig</p>		

## ★ Competition Information ★

- **Tiny Tots:** Aimed at young dancers who may not be 100% ready for a feis. Each dancer can perform between 8 and 32 bars of reel music on stage. Parent or teacher may accompany the child. Each dancer will receive a sash.
- **Under 5 Ungraded dances:** Trophy Reel, Light Jig, Single Jig
- **Bun Grád dances:** Reel, Light Jig, Single Jig, Slip Jig, Light Trophy Dance
- **Tús Grád dances:** Reel, Light Jig, Single Jig, Slip Jig, Light Trophy Dance, Heavy Trophy Dance
- **Mean Grád dances:** Reel, Slip Jig, Single Jig, Light Trophy Dance, Heavy Jig or Hornpipe, Traditional Set Trophy
- Trophies will be awarded to the top 5 dancers in all trophy dances. Trophies and sashes will be awarded to the top 5 dancers in open and prelim championships. 100% placement in both championship solo rounds.

## ★ Entries ★

Entries will open Monday 15th April via: <https://form.jotform.com/240237270115344>

Entries received from Monday 6th May onwards will be subject to late fee.

**Solo dances:** £4

**Trophy dances/Tiny Tots:** £5

**U6-U9 Open Championships:** £30 (Overall result, 2 x solo results)

**Prelim Championships:** £25 (Overall result, 2 x solo results)

**Adult admission:** £5 payable on the day

## ★ Enquiries ★

Gerard Carroll ADCRG

07871 600 260

DungannonChampionships@gmail.com

# ★ Feis Rules ★

## COMPETITION RULES

1. No refunds except in the case that the event does not run.
  2. Entries only accepted from teachers registered with An Coimisiún le Rincí Gaelacha.
  3. The adjudicator's decision is final.
  4. Age taken from 1st January 2024.
  5. Competitors in Bun Grad and Tus Grad, up to and including Under 12 age group may only wear traditional class costumes or long/short sleeved blouses & skirt/trousers, polo tops & skirt/trousers, body suits & skirts or tunics that confirm to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
  6. Make-up (including eyelashes and face tan) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
  7. Make-up will not be permitted for any dancer in the first two grades (Bun Grad & Tus Grad or equivalent) up to and including the Under 12 age group worldwide.
  8. Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 percent) in order for the dancer to continue in the competition.
  9. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on [www.drg.ie](http://www.drg.ie)). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70 per cent. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights.
  10. Bun Grad competitions are confined to competitors who at the time of entry have never won 1st place (or being graded as per below) in that particular dance in any age group or grade. Basic steps only are permitted in Bun Grad.
  11. Tus Grad confined to dancers who have never won 1st place (or being graded as per below) for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. Dancers may perform either basis steps or their first hard/difficult version of each dance.
  12. In Bun and Tus Grad competitions one dancer moves up to the next grade if there is less than 20 competitors, two dancers move up if there are between 21 and 40 competitors and three dancers move up if there are over 40 competitors.
  13. Mean Grad competitions are confined to dancers who at the time of entry never won 1st place for that particular dance in Mean or Ard Grad in that age group or a higher age group.
  14. A Prelim Championship must be adjudicated by 3 or more adjudicators and must consist of 2 rounds, 1 Light Round- reel / Slip Jig and 1 Heavy round - Heavy Jig/Hornpipe. Prelim Championships may run as a Stand-Alone competition or may be incorporated into the Open Championships. Dancers may compete in an Open or a Prelim or Both.
- Approved by Feis Registrar of An Comhairle Uladh:
15. To be eligible to compete in a Prelim Championships:  
Dancers must not have placed in the top 3 in an Open Championships judged by 3 or more adjudicators. Dancers must not have won a Prelim Championships more than 2 times in the current year. HOWEVER, if there are 5 or less in a prelim Competition the dancer is still eligible to compete in Prelim. Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year. Dancers must not have recalled in the actual Championships at Oireachtas Rince na hEireann in the current year or previous year. Dancers having won 2 Prelim Championships may not compete in any mean Grad competition for the remainder of the year. HOWEVER, if a dancer has only won one Prelim Championships they may continue in Mean Grad (with the exception of their dances that they have won the Prelim Championships with). Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Prelim Championship if they so wish. Boys who have qualified for the Oireachtas na Cruinne but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the criteria may continue to compete in Prelim Grade.
  16. METRONOMIC SPEEDS are as follows:  
BUN GRAD: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144  
TUS GRAD: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130  
MEAN/ARD GRAD: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113  
TRADITIONAL SET DANCES: St Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96 or Jockey to the Fair 90.
  17. All competitors will be required to dance a MINIMUM number of 40 bars, except Slip Jig. Hornpipe & Bun Grad Reel where a MINIMUM number of 32 bars will be required.

## OTHER RULES:

18. Any form of unauthorized, photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g mobile phone, standard camera, video camera, with or without flash enhancement, is forbidden during competition.
19. Any parent who would not like their child to appear in photos taken by the feis committee should make the feis organiser aware prior to the results being announced.
20. Changing of costumes, dressing or undressing is not permitted in the halls or public areas.
21. No block, en point, stationery or moving, will be allowed for all ages up to and including Under 12. However, dancers who will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.
22. The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.
23. The feis committee reserves the right to transfer competitions/results to a different stage or to alternate competitions if it becomes necessary in order to help the feis run smoothly. The committee reserves the right to use a relief adjudicator.
24. The feis committee reserve the right to refuse feis entries or entrance into the feis.
25. The Child Protection Designated Liaison Officer for the Ulster Region is Paula Bell, If you have any concerns for any child's safety at the event, please contact her: CPDLOUlster@gmail.com.